

Solutions

A developmental tool from
The Counseling Solutions Group

10 Questions for Friends

Four Gospel-Centered, Gospel-Motivated Questions

1. How have you been affected by the Gospel today? This week? As you reflect on God's kindness to you through the Cross of Christ how are you affected? (These are three questions rolled into one.)
2. What are God's thoughts of you ...from your perspective?
3. Would you say you are living and walking in the "Good of the Gospel" today? Why or why not?
4. What are your fears?

Six Practical Questions for Daily Living

5. How much time did you spend talking to God yesterday? This past week? When did you? What was the experience like? (Approximate you answer.)
6. What did you read, study, and/or memorize from the bible yesterday? This past week?
7. (The following question is not just about sex. It is about your specific weakness, your real temptation whatever that may be, e.g. Internet, Eating, Shopping, Friends, Children, Hobby, etc.) Did you look at any seductive or tempting websites, pictures, magazines, movies or any other media since we last met? If so, What? When? Why? What were the circumstances that were tempting you?
8. Did you [fill in the blank with whatever your temptation is, the thing you do that you know you should not do] since our last meeting? When? Why? What were the circumstances that were tempting you?
9. Did you procrastinate regarding something today? What about the past week? Why? What were you thinking?
10. Did you deceive others, lie, or lie about the answers to these questions? When? Why? How?