

Spiritual Friendship Tape Self-Evaluation

Spiritual Friendship Self-Evaluation, Part I: Interaction Log

1. Record the number of times your interactions focused upon:
 - a. Sustaining: *"It's normal to hurt."* _____
 - b. Healing: *"It's possible to hope."* _____
 - c. Reconciling:
 - 1.) Part A: *"It's horrible to sin."* _____
 - 2.) Part B: *"It's wonderful to be forgiven."* _____
 - d. Guiding: *"It's supernatural to mature."* _____
2. Record the number of times your interactions focused upon:
 - a. Creation: God's Design _____
 - b. Fall: Person's Depravity _____
 - c. Redemption: Renewed Dignity _____
3. Record the number of times your interactions focused upon:
 - a. Relational Longings (Affections/Lovers):
 - 1.) Spiritual _____
 - 2.) Social _____
 - 3.) Self-Aware _____
 - b. Rational Concepts (Mindsets):
 - 1.) Images _____
 - 2.) Beliefs _____
 - c. Volitional Choices (Purposes/Pathways):
 - 1.) Goals _____
 - 2.) Actions _____
 - d. Emotional Responses (Mood States): _____
 - e. Physical Issues (Habituated Tendencies): _____

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Spiritual Friendship Self-Evaluation, Part II: Personal Assessment

Using the scale below, evaluate yourself in the following spiritual friendship areas:

1. I disagree strongly
2. I disagree
3. I'm not sure
4. I agree
5. I agree strongly

- _____ 1. Sustaining: I listened to and really sensed my spiritual friend's hurts.
- _____ 2. Sustaining: I climbed in the casket with my spiritual friend, empathizing with and embracing my spiritual friend's pain.
- _____ 3. Healing: I encouraged my spiritual friend to embrace God.
- _____ 4. Healing: I dialogued (spiritual conversations and scriptural explorations) with my spiritual friend encouraging him/her to see God's perspective on his/her suffering.
- _____ 5. Reconciling: I exposed the horrors of my spiritual friend's sin.
- _____ 6. Reconciling: I dispensed grace, showing how wonderful it is to be forgiven.
- _____ 7. Guiding: I enlightened my spiritual friend to God's supernatural work of maturity.
- _____ 8. Guiding: I equipped and empowered my spiritual friend to mature.
- _____ 9. Relational: I effectively used the concept of "affections/lovers" to assess and expose the relational motivations in my spiritual friend's soul.
- _____ 10. Rational: I effectively used the concept of "mindsets" to assess and expose the rational direction (images and beliefs) in my spiritual friend's heart.
- _____ 11. Volitional: I effectively used the concept of "purposes/pathways" to assess and expose the volitional interactions (styles of relating, goals, purposeful behaviors) in my spiritual friend's will.
- _____ 12. Emotional: I effectively used the concept of "mood states" to assess and expose the emotional reactions in my spiritual friend's moods.
- _____ 13. Truth/Discernment: I used theological insight to understand the spiritual dynamics and root causes related to my spiritual friend.
- _____ 14. Love/Compassion: I compassionately identified with my spiritual friend—I was engaged, involved, and related from my soul.
- _____ 15. Overall: I would go to myself for spiritual friendship.